

Monday - January 23

Mediterranean Vegetarian Day!

Baked Salmon

Sweet Potato Black Bean

Casserole

Mediterranean Steamed

Vegetables

Mediterranean

Flavored Rice



Tuesday - January 24

Pepito Venezuelan Sandwich

Bar

Choice of Beef or Chicken

Grilled Vegetables + Hummus

Sandwich

Seasoned French Fries

Seasonal Steamed

Vegetables

Wednesday - January 25

Thursday - January 26

Pasta Bar

Shrimp Alfredo

*Cheese Ravioli with
Red Sauce and Sausage*

*Italian Blend
Vegetables*



*Teriyaki Chicken with
Pineapple*

Steamed White Rice

Stir Fry Vegetables

*Seasonal Steamed
Vegetables*

Friday - January 27

Hours of Operation

Stuffed Beef Bell Peppers

*Stuffed Vegetarian
Bell Peppers*

Baby Red Potatoes

Home style Corn

Corn Bread



*Valhalla is open
Monday-Friday from
11:00am-1:30pm*

*Join us for a
relaxing, sit down
buffet style meal.*

*All meals include
Salad Bar + Dessert!
Price - \$6.79*