

*Monday - January 30*

*Tuesday - January 31*

*English Style Fish and Chips*

*Beef Enchilada Lasagna*

*White Steamed Rice*

*Vegetarian Enchilada Lasagna*

*Artichoke Ragu*

*White Rice*

*Seasoned Steamed  
Vegetables*

*Refried Beans*

*Mexican Style Corn*



*Wednesday - February 1*

*Thursday - February 2*

*Italian Roasted Chicken*

*Cajun Shrimp*

*Herb Red Potatoes*

*Red Beans and Rice*

*Penne + Spinach Bake*

*Seasonal Steamed Vegetables*

*Green Beans*

*Jalapeño Corn Bread*



*Friday - February 3*

*Hours of Operation*

*Hawaiian Fish with a  
Mango Sauce*

*White Steamed Rice*

*Baby Red Potatoes*

*steamed with Butter and Herbs*

*Seasoned steamed  
Vegetables*

*Vegetarian baked  
Eggplant*



*Valhalla is open  
Monday-Friday from  
11:00am-1:30pm*

*Join us for a  
relaxing, sit down  
buffet style meal.*

*All meals include  
Salad Bar + Dessert!  
Price - \$6.79*